



**Physical Training / Education / Activities  
Less Lethal Exposures  
Release Agreement**

For and in consideration of my being permitted to participate in the physical education courses/activities conducted by Vance-Granville Community College for the Basic Law Enforcement Training (BLET) or Detention Officer Certification Course (DOCC) in which I am a student.

I hereby affirm that I am in good physical condition and that I have no limitations that will prevent my engaging in active exercise or that will be detrimental to my health, safety, comfort, or physical condition. I acknowledge that it is my responsibility to inform Vance-Granville Community College of any change in my health state that may affect my ability in any fitness class or activity. I am aware that injuries may occur in any physical activity, including exercise/aerobic classes. I am aware that I must pass the POPAT (for BLET) as part of the state mandated requirements. The utmost care will be given to provide instruction in safe exercise.

I understand that during training in this class I will be exposed to tear gas and OC spray. I understand that individuals with respiratory difficulties including asthma must not participate in this training and/or in employment that uses these products. I certify that I have no respiratory difficulties and am physically able to engage in training exercises using tear gas and OC Spray.

I do by these presents, for myself, my heirs, assigns and representatives, forever release, give up, surrender and quitclaim any and all rights which I might have against the institution Vance-Granville Community College--including all of its instructors, volunteers, trainees, and other personnel--and the agency \_\_\_\_\_ to recover, from the institution, individuals, or agency, money, damages, or any other thing of value as a result of any accident, incident, or happening growing out of or in any way connected with said activities.

Witness my hand and seal, the dates and place written.

\_\_\_\_\_ (SEAL)  
Student

Date: \_\_\_\_\_

In the presence of:

\_\_\_\_\_  
Instructor/Witness  
Vance-Granville Community College