

VAN GRAN

VANCE-GRANVILLE COMMUNITY COLLEGE'S MONTHLY NEWSLETTER

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Kerr Lake Art Show Open Through June 11

Visit the 45th annual Kerr Lake Art Show, which is open to the public through June 11, each day from 9 a.m. to 7 p.m. The event, co-sponsored by VGCC and the Kerr Lake Art Society, is held on the second floor of Building 7 on VGCC's Main Campus. This arts competition is open to both amateurs and professionals, working in media including photography, drawings, prints and collages.

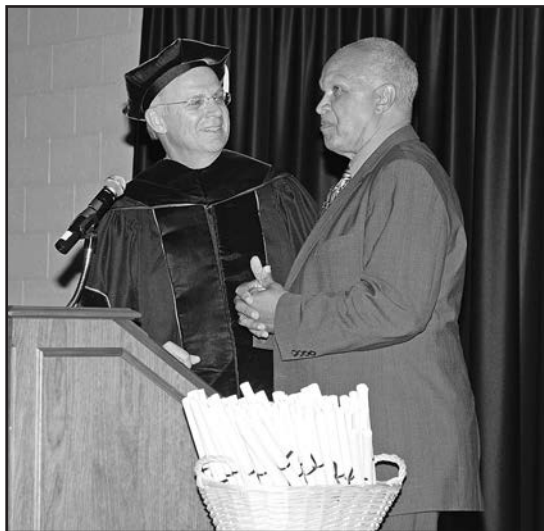
Community College System Leader Addresses VGCC Graduates

Vance-Granville Community College's 42nd commencement exercises happened to be held on Friday the 13th and rain clouds threatened overhead, but the weather held out as a speaker encouraged members of the graduating class to "no matter the weather, bring your own sunshine." That advice was relayed by VGCC graduating student Lynwood Roberts II of Oxford, who addressed over 400 graduates before they received diplomas and degrees at the May 13 ceremony, held at the gazebo by the lake on Main Campus. Roberts, who graduated with an Associate in Science degree, said the credentials he and his classmates earned were "important, but it does not mean to stop pushing to do our best the day after graduation." Roberts is planning to transfer to the University of North Carolina at Chapel Hill. Dr. Saundra Wall Williams, Senior Vice President and Chief of Technology and Workforce Development for the North Carolina Community College System, was the featured commencement speaker. She encouraged graduates to remember what she called "the two P's: your people and your path."



FEATURED SPEAKER: Dr. Saundra Wall Williams, Senior Vice President and Chief of Technology and Workforce Development for the North Carolina Community College System.

Retired Dean Speaks to Adult Basic Skills Graduates



KELLY SPEAKS: From left, VGCC President Randy Parker thanks retired Dean of Adult Basic Education Leo Kelly, Jr., following his commencement address.

Vance-Granville Community College held commencement exercises for new graduates of the college's Adult Basic Skills programs on May 12 in the Civic Center. The honored graduates included 125 students who completed the Adult High School Diploma program and 90 who completed the GED High School Equivalency program. Adult High School graduate Quinn Ern of Creedmoor spoke on behalf of her classmates. Ern completed her diploma at VGCC's South Campus. Immediately after being informed she had completed all her requirements, she filled out an application for the College Transfer program at VGCC. "So when people ask me what I'm going to do now, my answer is not 'I'm going to Disney World,' it's 'I'm going to college,' and that's what I've always wanted to do," Ern said. Leo Kelly, Jr. of Hen-

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Fun Day Comes to Franklin Campus

FRANKLIN FUN DAY: VGCC students on the Franklin County Campus took a break from their studies on May 2 to enjoy "Fun Day." The event included a variety of activities, including a "corn hole" game, a mechanical bull and more. Pictured, Franklin Campus director Anthony Pope and a Cosmetology student go head-to-head in double-shot basketball.



Event Brings Stress Relief to VGCC

STRESS RELIEF: The VGCC Student Government Association sponsored a "Stress Relief Event" for students, faculty and staff in the Student Lounge on Main Campus on April 27 and at South Campus on April 28. Participants enjoyed chair massages (pictured above) and light refreshments while soothing music played in the background.

VGCC Golfer Places Sixth at Regional Championship

VGCC golf player and College Transfer student Derek Jones of Henderson shot a 176 to place sixth in the 36-hole National Junior College Athletic Association (NJCAA) Region X Championship Golf tournament, which was held April



DEREK JONES

24-26 at Eagle Ridge Golf Club in Raleigh. The tournament marked the end of the golf program's third season, and the second for the team at the NJCAA level. Anyone interested in joining the VGCC Vanguarders golf team, which is open to both men and women, should contact Coach Jim Schwab at (919) 475-1542 or schwabj007@aol.com.

Need Tutoring this Summer?

Stop by the Academic Skills Center for Tutoring in Room 7335, Main Campus, or See Your Campus Dean or Counselor at Franklin, South & Warren Campuses
Or go Online to use VGCC's new online tutoring resource:
SMARTHINKING.

To participate in SMARTHINKING, VGCC students must request a user name and password from the Academic Skills Center.

Students can still receive traditional in-person tutoring through the Academic Skills Center. The Center on Main Campus is open Monday - Friday. On Mondays and Thursdays, the Center is open 8 a.m. - 5 p.m. On Tuesdays and Wednesdays, the Center is open 8 a.m. - 7 p.m., while on Fridays, the Center is open 8 a.m. - 3 p.m. If you're looking for tutoring, come by the Center or visit <http://www.vgcc.edu/Academics/academic-skillcenter.cfm>

Science and Nature Showcased at VGCC Earth Day Event

EARTH DAY 2011: VGCC's sixth annual Earth Day festival was held on April 21 on the college's main campus in Vance County. Students, staff, faculty and visitors enjoyed information and demonstrations related to nature, environmental sustainability and alternative energy. Pictured above, from left, Electrical/Electronics Technology student Chris Williams of Warrenton, Carpentry program head/instructor Keith Tunstall and Welding program head/instructor Rusty Pace talk in front of the solar panel array and cross-section model built by students to demonstrate the latest advances in energy production and efficiency. The display was among many contributions from various curriculum programs.



There were also guests at the event, including Carl Cantaluppi from the N.C. Cooperative Extension agency for Granville and Person counties, presenting a special lecture, "Horticulture For Food, Fun, and Profit," and the "Mobile Launch Pad for Critical Careers" from the N.C. Community College System's BioNetwork and Duke Energy. Earth Day was also observed that same day at VGCC's South Campus. Students in English classes on campus took part in a competition to create posters depicting some aspect of the environmental concerns related to Earth Day. Student Matthew Stevenson of Chapel Hill won the first-place prize for his poster on Over-Consumption.

Vance-Granville Holds Athletics Banquet

VGCC celebrated Vanguard's student-athletes and coaches at its annual Athletics Banquet, held on April 21 in the Civic Center.

Women's volleyball coach Krista Carlson kicked off the presentations with awards for "Tenacity" to Hilary Aitken and Hillary Russell.

Next, Vanguard's basket-

ball coach Avery Wilson and assistant coach Chad Wilson presented several awards to their players: Trent Cozart, Most Valuable Player and Leading Scorer; Clarence Garner, Most Improved Player; Ryan Branch, Leading Rebounder; Raven Sills, Best Defender; Zach Beale, Best Free Throw Shooter; Derrick Knight, Team Assists Leader;

Moise Somadjagbi and Joshua Coles, Most Inspirational Players; and Tramaine Bagby, Dante Walker, Samuel Hilton and Nicholas Henderson, Valued Participants.

Golf coach Jim Schwab rounded out the evening with awards for VGCC golfers: Derek Jones, Most Improved Golfer, and Fred S. Baker, Valued Participant.

ABS GRADUATION, from page 1

person, who retired in 2008 as VGCC's Dean of Adult Basic Education, was the principal commencement speaker. He recalled and lauded the faculty and staff members of yesterday and today. "They have always looked for ways to improve the program, they always had your back, and they would always listen to your concerns," Kelly told students. Following Kelly's address, Dr. Randy Parker, the president of VGCC, pointed out that Kelly holds the record as VGCC's longest-serving full-time employee, with 37 years of service. "Under his leadership, over 10,000 students have received the GED or Adult High School diploma," Parker said.

**Attention: Pre-Health Students
TEAS Testing will be offered on:**

Wednesday, June 8

8:30 a.m. & 1:30 p.m.

Building 8, Room 8239

Contact your advisor/counselor for an appointment.

Nursing Students Raise Funds for CF

The VGCC Chapter of the National Student Nurses Association participated in the "Great Strides for Cystic Fibrosis" Walk in Durham on April 16 and raised \$632, exceeding their goal. Numerous VGCC students, faculty and staff made donations to the effort to support the Cystic Fibrosis Foundation's research, care and education. Pictured, from left, are VGCC participants Christy Schultz, Richard Schultz, Melissa Rhodes, Kristen Averette, Sara Gray, Amanda Moody, Jamie Sandling, Brandy Randall and Lisa Dunkley. Not pictured: Jamie Burnside and Erica Jastrow, Faculty Advisor for NSNA.



VGCC Students Inducted into PTK as Chapter Turns 20

VGCC recognized 85 students who were inducted into Phi Theta Kappa, the international honor society for students of two-year colleges, on April 19 in the Civic Center. Students honored with induction into Phi Theta Kappa must have a cumulative grade-point average of at least 3.5 (3.75 for part-time students) in associate degree curriculum programs and have completed at least 12 credit hours toward their degrees. As the faculty advisors for VGCC's PTK chapter, Academic Skills Center coordinator Evelyn Hall and instructors Philip Mondou, Maureen Walters and Helen Holt conducted the ceremony. Hall told the new inductees and their families and friends in attendance that VGCC's chapter of PTK, Alpha Sigma Chi, was chartered in 1991, making this year the 20th anniversary of the chapter. Hall said that including the new inductees, the organization had welcomed 1,575 VGCC students into membership over those 20 years. The guest speaker was Marian Dillahunt-Andrews, a VGCC instructor of developmental English and reading and the recipient of the 2011 R.J. Reynolds Excellence in Teaching Award.

This year's inductees are:

From Franklin County: Deborah P. Satterwhite of Bunn; Kimmora Margarita Brown and Shawn Michael Dickinson, both of Franklinton; Donna B. Bass, Cristine Marie Bradberry, Joseph Norman Demeule, Kimberly Kishona Dunston, Melissa Collette Hodges, Tara Jones, Joanne Christine Maye, Sean Christopher Rice and Gerri Taylor, all of Louisburg; Brooke M. Darnell and Stephanie Gail Kelly, both of Youngsville.

From Granville County: Melissa Carol Hicks, Wendy Osborne Hollowell, Sonya Lannik Jones, Hubert Ndalo Omukhulu, Hanna Eve Reid, Michael L. Yauchzee and Angel L. Yauchzee, all of Creedmoor; Lori Rabil Burney of Franklinton; Chrystal Lynn Bryeans, Janet Marie Hobgood,

Malorie Victoria Howard, Louise Alison Jeffries, Amanda Faith Lester, Robin Renee Palmer, Helen Samuel, Kathryn Ann Thompson, Sara Maeve Whisnant and Andrew James Williford, all of Oxford; Lisa Diane Maida of Rougemont; Jeffrey Scott Canada, Jennifer Mae Conway and Leonard C. Luz Jr., all of Stem; Teresa Ann Bonventre and Christy Marie Schultz, both of Wake Forest.

From Vance County: Jacqueline Denise Brownson, Goldie J. Davis, Jessica Michelle Davis, Jessica Louise Edwards, Brenda Matthews Faulkner, Joseph Timothy Hedgepeth, Minna Ashley Henderson, Jennifer Jones Long, Jeanetta Ann Lyons, Samuel Gault McCaskill Jr., Tonya B. Moore, Douglas Linwood Newton, Rosalie Marie Steele and John Walter Tyburski Jr., all of Henderson; Beverly Moss Beal, Adam Durant Blanton, Daniel Alexander Crudup, Susan Wilson Driver and Karin I. Driver, all of Kittrell.

From Wake County: Rachel Anne Gamble, Karla Yaritza Marquez-Rivera and Shana Marie Merritt, all of Raleigh; Cynthia Franklin Kiger, Mary A. McKibben-Durand, Charlotte M. Parsons and Rachel Elizabeth Pottern, all of Wake Forest; Carrie Hicks Wilkerson of Wendell; Edith Marie Kaczynski of Zebulon.

From Warren and Halifax counties: Donna Rose Richardson of Hollister; Karen Lynn McAtee-MacRae of Littleton; Kaya Marie Elliott of Macon; Wayne Anthony Seaman and James Douglas Tucker, both of Manson; Jacob Everett Clark, Delores D. Dozier, Joshua Alan Jones, Susan Michelle Maynard and Christine Erica Reigner, all of Norlina; Terry Christopher Dorge, Alexander Poteat and Rosalind Michele Richardson, all of Warrenton.

From Other counties: Aquilla Mechelle McClearn of Carrboro; Lisa Wade Forsyth, Carol Annette Porterfield and Alina-Christine Wachaiya, all of Durham; Nicole Dyan Tatum of Hillsborough; Shannon Whitt Long of Roxboro.

MPMC Guild Gift Gallery Endows New VGCC Scholarship in Carswell's Memory

Volunteers from the Guild Gift Gallery at Maria Parham Medical Center recently presented a gift of \$25,000 to the VGCC Endowment Fund that will create a new scholarship. Since 2008, the hospital's Guild has given over \$100,000 to VGCC to endow a total of four scholarships. The Guild has operated the Guild Gift Gallery with a volunteer staff since the 1990s, offering convenience items and gifts as a service to both patients and visitors. Profits from sales are used to provide scholarships to people entering the health care professions. The new VGCC scholarship will assist deserving students in programs such as Nursing, Radiography, Medical Assisting and Pharmacy Technology. The scholarship will be named the Leslie Carswell/Guild Gift Gallery Maria Parham Presidential Scholar Award in memory of Leslie R. Carswell of Henderson, a nurse and longtime MPMC employee who passed away in February.



NEW SCHOLARSHIP: From left, seated, are Kathleen Carswell (daughter of the late Leslie Carswell) and Guild volunteer Roxanne Fleming. From left, standing, are VGCC Vice President of Institutional Advancement and Endowment Fund director Jo Anna Jones, MPMC Vice President of Operations Jay Kennedy, Guild Gift Gallery coordinator Gean Bobbitt, Guild president Anne Bunch, Fred Carswell (husband of Leslie Carswell), volunteers Linnea Westbrook and Jean Hutchin, MPMC Board member Nettie White, volunteer Sallye Lloyd and VGCC president Randy Parker.



Area Kids Enjoy VGCC's Fifth Annual Farm Day

FARM DAY: The VGCC Civic Center was filled with young children learning more about food and agriculture on April 14. Students in the Early Childhood Associate program at VGCC organized their fifth annual "Farm Day." Some 464 four-year-olds from day care centers, schools, and Head Start facilities in Vance, Granville, Franklin and Warren counties attended. The children enjoyed a variety of booths, manned by VGCC students who led children in activities, games, songs and stories that focused on farm life and nutritious eating. The event was co-sponsored by local Farm Bureau organizations in Franklin, Granville and Vance counties. Pictured above, VGCC student Kini Heyl of Louisburg (left) gives a high-five to a young child learning to milk a "cow" provided by Vance County Farm Bureau.



EXCELLENCE CELEBRATION: VGCC students entertained honorees and guests at the North Carolina Community Colleges Excellence Event on April 14. From left, the group included music instructor Michael Stephenson on saxophone and students John Laible, Ericka Crosby, Derek Jones, Joseph Hedgepeth and Joseph Colquitt.

VGCC in Statewide Spotlight at Excellence Celebration

VGCC was in the spotlight on April 14 during the North Carolina Community College System's second annual excellence event, called "The Great Within the 58," held on N.C. State University's campus. This year's recipient of the R.J. Reynolds Excellence in Teaching Award, chosen from among the faculty members of the year at all 58 colleges in the system, was VGCC's own Marian C. Dillahunt-Andrews, an instructor of developmental English and reading. Meanwhile, Jeffrey S. Canada of Stem, who is currently enrolled in the Associate in Arts (College Transfer) program at VGCC, was recognized as one of 58 recipients of the system's Academic Excellence Awards. Also, for the second year in a row, VGCC students were the featured musical entertainment for the excellence event (pictured).

Scholar Discusses Russia's Place in the World at VGCC



DR. LADA KOCHTCHEEVA

Political scientist Dr. Lada Kochtcheeva visited the main campus of VGCC on April 13 to present a seminar on her native land, entitled "Post-Communist Russia and Its Engagement with Globalization." Kochtcheeva's presentation was the fifth installment of an International Speakers Series sponsored by the VGCC Global Awareness Committee in partnership with the University of North Carolina's World View program. Kochtcheeva, an Assistant Professor of Political Science in the School of Public and International Affairs at North Carolina State University, is a Moscow native who has lived in the United States for the past 13 years. She is currently at work on a book describing Russia's political, economic, and cultural response to global forces.

Trivia & Tidbits



What is the Mace?

At commencement on May 13, President Parker introduced the VGCC Mace, the first in the college's 42-year history. The mace (pictured above, held by Dr. Danny Monroe), once a type of medieval weapon, has been embraced as a ceremonial object by colleges and universities for centuries. Designed by retired Dean of Students Frank Madigan, and fashioned by Michael Lassiter of Bullock's in Henderson, the mace includes the VGCC seal and emblems representing Vance, Granville, Warren and Franklin counties.

VGCC Students Earn High Scores at State Phi Beta Lambda Conference

Members of the VGCC "Chi Beta Chi" chapter of the Phi Beta Lambda business student organization attended the 57th Annual PBL State Leadership Conference. The conference was held April 7-9 in Charlotte, where students from North Carolina universities and community colleges attended seminars and participated in various business-related competitions. VGCC members placed in the top eight in 16 different events, bringing home numerous individual trophies

as well as awards or recognitions for the chapter. Twelve students placed high enough to qualify for the national PBL competition, to be held in June in Orlando, Florida. They included Lisa Maida of Rougemont; Diane Powers, Tina Ragland and Shelonda White, all of Oxford; Lonnie Brame, Nicholas Hardee, Virtuous Harris, Sheri Moss and John Pendergrass, all of Henderson; Ruthie Davis and Ashley Buhls, both of Warrenton; and Jody Hastings of Townsville.



Does what you eat matter? It makes a big difference to your health, but it also has a substantial impact on our planet. If you eat like an average American, your "foodprint" represents 21% of your carbon footprint (about 6 tons of food-related CO₂) and carbon emissions are contributing to the warming of the Earth. Your personal foodprint depends on how much and what kinds of food you eat, where and how that food is produced, how it's prepared, and what you do with the leftovers. The good news is there are many steps you can take to reduce your carbon foodprint, and many will have substantial non-climate benefits as well. Here are seven basic rules to get you on the fast track to a climate-friendly diet:

1. Eat fewer animals and more plants.
2. Buy unprocessed foods with less packaging
3. Grow and harvest your own food
4. Minimize car trips to stores and restaurants
5. Cook at home more and eat out less
6. Cook with efficient appliances and techniques
7. Compost, recycle, and relish leftovers

Source: <http://brighterplanet.com>

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June 2011

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