

## **Human Services Technology Curriculum Competencies**

### **KNOWLEDGE**

1. Knowledge of professional, ethical, personal, and client related values and conflicts.
2. Knowledge of human systems: individual, group, family, organization, community, and society and their interaction.
3. Explore the psychodynamic, behavioral, humanistic, cognitive and eclectic approaches to working with the individual.
4. Knowledge of diversity in our society.
5. Knowledge of future trends and career choices available to the human service worker.
6. Knowledge of client populations served by human service workers.
7. Knowledge of human service related community resources.
8. Reason logically, analyze objectively, generate new ideas, and make reasoned choices.
9. Express a working knowledge of the historical development of human services and the profession.
10. Distinguish a wide range of intervention techniques and roles that are appropriate to their level of knowledge.
11. Recognize various psychotropic drugs, side effects, and reasons for use.
12. Understand various treatment models, strengths, and weaknesses

### **SKILLS**

1. Communicates effectively and appropriately both verbally and in written form.
2. Assess and evaluate psychosocial conditions reflecting current individual/participant functioning.
3. Recommend modifications to support optimal human functioning.
4. Demonstrate the ability to select appropriate strategies, services, or interventions and assist in the evaluation of outcomes.
5. Demonstrate information management skills including observations, communication, assessment, evaluation and documentation.
6. Demonstrate an understanding of prevention, intervention and resolution skills.
7. Use a wide range of interpersonal skills to include clarifying expectations, dealing effectively with conflict, establishing rapport, maintaining behavior that is congruent with expressed values and empowerment of others.
8. Demonstrate an understanding about the mission and practices of the support organization (agency) with which they are affiliated and participate in the life of the organization.
9. Demonstrate knowledge and application of human intervention skills.
10. Identify and use the skills involved in creating a helping relationship and environment.
11. Create a two-year Human Services Technology Portfolio to be used to assist the student in obtaining employment or admission into four year program.

## ATTITUDES

1. Cooperate and collaborate with others.
2. Communicate the major human service values and attitudes in or to promote understanding of human service ethics and their application in practice.
3. Examine and develop awareness of one's own values, personalities, reaction patterns, interpersonal styles and limitations.



<b>COE 125</b>	<b>Work Exp Seminar II</b>	1	0	0	1
Prerequisites:					
Corequisites: COE 121, COE 122, COE 123, or COE 124					
This course description may be written by the individual colleges.					
<b>ENG 111</b>	<b>Expository Writing</b>	3	0	0	3
Prerequisites: ENG 090 and RED 090, or placement in ENG 111					
Corequisites: None					
This course is the required first course in a series of two designed to develop the ability to produce clear expository prose. Emphasis is placed on the writing process including audience analysis, topic selection, thesis support and development, editing, and revision. Upon completion, students should be able to produce unified, coherent, well-developed essays using standard written English.					
<b>ENG 111A</b>	<b>Expository Writing Lab</b>	0	2	0	1
Prerequisites: ENG 090 and RED 090					
Corequisites: ENG 111					
This writing laboratory is designed to apply the skills introduced in ENG 111. Emphasis is placed on the editing and revision components of the writing process. Upon completion, students should be able to apply those skills in the production of final drafts in ENG 111.					
<b>ENG 114</b>	<b>Professional Research &amp; Reporting</b>	3	0	0	3
Prerequisites: ENG 111					
Corequisites: None					
This course, the second in a series of two, is designed to teach professional communication skills. Emphasis is placed on research. Listening, critical reading and thinking, analysis, interpretation, and design used in oral and written presentations. Upon completion, students should be able to work individually and collaboratively to produce well-designed business and professional written and oral presentations.					
<b>HSE 110</b>	<b>Intro to Human Services</b>	2	2	0	3
Prerequisites:					
Corequisites: None					
This course introduces the human services field, including the history, agencies, roles, and careers. Topics include personal/professional characteristics, diverse populations, community resources, disciplines in the field, systems, ethical standards, and major theoretical and treatment approaches. Upon completion, students should be able to identify the knowledge, skills, and roles of the human service worker.					

<b>HSE 112</b>	<b>Group Process I</b>	1	2	0	2
Prerequisites: Enrollment in the HSE program					
Corequisites: None					
This course introduces interpersonal concepts and group dynamics. Emphasis is placed on self-awareness facilitated by experiential learning in small groups with analysis of personal experiences and the behavior of others. Upon completion, students should be able to show competence in identifying and explaining how people are influenced by their interactions in-group settings.					
<b>HSE 123</b>	<b>Interviewing Techniques</b>	2	2	0	3
Prerequisites:					
Corequisites: None					
This course covers the purpose, structure, focus, and techniques employed in effective interviewing. Emphasis is placed on observing, attending, listening, responding, recording, and summarizing of personal histories with instructor supervision. Upon completion, students should be able to perform the basic interviewing skills needed to function in the helping relationship.					
<b>HSE 125</b>	<b>Counseling</b>	2	2	0	3
Prerequisites: PSY 150					
Corequisites: None					
This course covers the major approaches to psychotherapy and counseling, including theory, characteristics, and techniques. Emphasis is placed on facilitation of self-exploration, problem solving, decision making, and personal growth. Upon completion, students should be able to understand various theories of counseling and demonstrate counseling techniques.					
<b>HSE 127</b>	<b>Conflict Resolution</b>	2	2	0	3
Prerequisites:					
Corequisites: None					
This course introduces conflict resolution and mediation theory and practice. Emphasis is placed on achieving compromise and a win/win perception. Upon completion, students should be able to demonstrate competence in identifying seemingly dissimilar positions and facilitating agreement.					
<b>HSE 210</b>	<b>Human Services Issues</b>	2	0	0	2
Prerequisites:					
Corequisites: None					
This course covers current issues and trends in the field of human services. Emphasis is placed on contemporary topics with relevance to special issues in a multi-faceted field. Upon completion, students should be able to integrate the knowledge, skills, and experiences gained in classroom and clinical experiences with emerging trends in the field.					



<b>HSE 245</b>	<b>Stress Management</b>	2	2	0	3
Prerequisites:					
Corequisites: None					
This course covers stressors and techniques for stress management. Topics include anger, assertiveness, breathing, change, coping skills, family, time management, meditation, guided imagery, and journaling. Upon completion, students should be able to identify areas of stress and the skills and management techniques for dealing with stressors.					
<b>HSE 250</b>	<b>Financial Services</b>	2	0	0	2
Prerequisites:					
Corequisites: None					
This course introduces those agencies that provide income maintenance casework services. Emphasis is placed on qualifying applicants for a variety of economic assistant programs offered by human service agencies. Upon completion, students should be able to make a factual and objective assessment of a client's economic situation to qualify them for economic assistance.					
<b>HSE 251</b>	<b>Activities Therapy</b>	2	2	0	3
Prerequisites:					
Corequisites: None					
This course introduces skills and techniques used in recreation and leisure activities to enhance the lives of special populations. Emphasis is placed on music, art, and recreational therapy. Upon completion, students should be able to define, plan, and adapt recreational activities for selected groups and individuals.					
<b>HSE 255</b>	<b>Health Prob &amp; Prevent</b>	2	2	0	3
Prerequisites:					
Corequisites: None					
This course surveys a range of health problems and issues, including the development of prevention strategies. Topics include teen pregnancy, HIV/AIDS, tuberculosis, communicable diseases, professional burnout, substance abuse, and sexually transmitted diseases. Upon completion, students should be able to identify health issues and demonstrate prevention strategies.					
<b>MHA 150</b>	<b>Mental Health Systems</b>	3	0	0	3
Prerequisites: HSE 110					
Corequisites: None					
This course introduces the treatment and services available at both public and private mental health facilities. Topics include intake procedures, admission criteria, history, and structure of mental health facilities. Upon completion, students should be able to demonstrate competence in articulating both the theory and practice of mental health services delivery					

<b>MHA 155</b>	<b>Psychological Assessment</b>	3	0	0	3
Prerequisites:	PSY 150				
Corequisites:	None				
This course covers psychological assessment. Emphasis is placed on different types of psychological tests. Upon completion, students should be able to recognize and understand the purpose of various psychological tests					
<b>MHA 240</b>	<b>Advocacy</b>	2	0	0	2
Prerequisites:	HSE 110				
Corequisites:	None				
This course covers the roles and duties of the client advocate. Topics include treatment planning, needs assessment, referral procedures, and follow-up and integration of services. Upon completion, students should be able to effectively manage the care of the whole person from contact initiation to termination					
<b>PSY 150</b>	<b>General Psychology</b>	3	0	0	3
Prerequisites:					
Corequisites:	None				
This course provides an overview of the scientific study of human behavior. Topics include history methodology, biopsychology, sensation, perception, learning, motivation, cognition, abnormal behavior personality theory, social psychology, and other relevant topics. Upon completion, students should be able to demonstrate a basic knowledge of the science of psychology. This course has been approved to satisfy the Comprehensive Articulation Agreement general education core requirement in social/behavioral sciences.					
<b>PSY 241</b>	<b>Developmental Psych</b>	3	0	0	3
Prerequisites:	PSY 150				
Corequisites:	None				
This course is the study of human growth and development. Emphasis is placed on major theories and perspectives as they relate to the physical, cognitive, and psychosocial aspects of development from conception to death. Upon completion, students should be able to demonstrate knowledge of development across the life span. This course has been approved to satisfy the Comprehensive Articulation Agreement general education core requirement in social/behavioral sciences.					
<b>PSY 265</b>	<b>Behavioral Modification</b>	3	0	0	3
Prerequisites:	PSY 150				
Corequisites:	None				
This course is an applied study of factors influencing human behavior and strategies for behavioral change. Emphasis is placed on cognitive-behavioral theory, behavioral assessment, practical applications of conditioning techniques, and maintenance of adaptive behavior patterns. Upon completion, students should be able to implement basic learning principles to effect behavioral changes in self and others.					

<b>PSY 281</b>	<b>Abnormal Psychology</b>	3	0	0	3
Prerequisites: PSY 150					
Corequisites: None					
This course provides an examination of the various psychological disorders, as well as theoretical, clinical, and experimental perspectives of the study of psychopathology. Emphasis is placed on terminology, classification, etiology, assessment, and treatment of the major disorders. Upon completion, students should be able to distinguish between normal and abnormal behavior patterns as well as demonstrate knowledge of etiology, symptoms, and therapeutic techniques. This course has been approved to satisfy the Comprehensive Articulation Agreement general education core requirement in social/behavioral sciences.					
<b>SAB 110</b>	<b>Substance Abuse Overview</b>	3	0	0	3
Prerequisites:					
Corequisites: None					
This course provides an overview of the core concepts in substance abuse and dependence. Topics include the history of drug use/abuse, effects on societal members, treatment of addiction, and preventive measures. Upon completion, students should be able to demonstrate knowledge of the etiology of drug abuse, addiction, prevention, and treatment.					
<b>SAB 120</b>	<b>Intake and Assessment</b>	3	0	0	3
Prerequisites:					
Corequisites: None					
This course develops processes for establishment of client rapport, elicitation of client information on which therapeutic activities are based, and stimulation of client introspection. Topics include diagnostic criteria, functions of counseling, nonverbal behavior, collaterals and significant others, dual diagnosis, client strengths and weakness, uncooperative clients, and crisis interventions. Upon completion, students should be able to establish communication with clients, recognize disorders, obtain information for counseling, and terminate the counseling process					
<b>SAB 125</b>	<b>SAB Case Mgmt</b>	2	2	0	3
Prerequisites: SAB 120					
Corequisites: None					
This course provides case management activities, including record keeping, recovery issues, community resources, and continuum of care. Emphasis is placed on establishing a systematic approach to monitor the treatment plan and maintain quality of life. Upon completion, students should be able to assist clients in the continuum of care as an ongoing recovery process and develop agency networking					

<b>SAB 135</b>	<b>Addictive Process</b>	3	0	0	3
Prerequisites: PSY 150					
Corequisites: None					
This course explores the physical, emotional, psychological, and cultural aspects of the addictive process. Emphasis is placed on addictions to food, sex, alcohol, drugs, work, gambling, and relationships. Upon completion, students should be able to identify the effects, prevention strategies, and treatment methods associated with addictive disorders.					
<b>SAB 140</b>	<b>Pharmacology</b>	3	0	0	3
Prerequisites:					
Corequisites: None					
This course covers the pharmacology of psychoactive drugs and abused chemicals and treatment options. Emphasis is placed on the use of psychoactive drugs and related psychological and social complexities, including models for prevention and treatment. Upon completion, students should be able to understand and identify theories of addiction, major classes of drugs, treatment alternatives, and social repercussions.					
<b>SAB 210</b>	<b>Sub Abuse Counseling</b>	2	2	0	3
Prerequisites:					
Corequisites: None					
This course provides theory and skills acquisition by utilizing intervention strategies designed to obtain therapeutic information, support recovery, and prevent relapse. Topics include counseling individuals and dysfunctional families, screening instruments, counseling techniques and approaches, recovery and relapse, and special populations. Upon completion, students should be able to discuss issues critical to recovery, identify intervention models, and initiate a procedure culminating in cognitive/behavioral change.					
<b>SAB 215</b>	<b>Arrest Test and Assess</b>	1	0	0	1
Prerequisites:					
Corequisites: None					
This course covers the legal and ethical responsibilities of criminal justice, medical, and substance abuse fields in the conviction/treatment process for DWI clients. Emphasis is placed on the legal arrest, chain of custody, and court ordered treatment process for the DWI client. Upon completion, students should be able to understand the multidisciplinary responsibility to bring a DWI client through a successful process of conviction and treatment.					
<b>SAB 240</b>	<b>SAB Issues in Client Serv</b>	3	0	0	3
Prerequisites: Successful completion of 12 SHC in the SAB concentration					
Corequisites: None					
This course introduces systems of professional standards, values, and issues in substance abuse counseling. Topics include confidentiality, assessment of personal values, professional responsibilities, competencies, and ethics relative to multicultural counseling and research. Upon completion, students should be able to understand and discuss multiple ethical issues applicable to counseling and apply various decision-making models to current issues.					



